

ABOUT OUR STUDENT SUPPORT SERVICES TEAM

At Kilcoy State High School, students have a range of support services that they are able to access consisting of a Guidance Officer, School Based Youth Health Nurse and Chaplain.

These individuals, while respecting the students privacy and confidentiality, work as members of a support team and are committed to providing quality educational and support services for every student regardless of their circumstances.

Alongside the Support Team, the school also has three Year Level Co-Coordinator and a Student Support Officer who assist with the management and wellbeing of all students in the school.

THE TOP 5 ISSUES OLD STUDENTS FACE*

- Friendships & Peers
- Bullying
- School Behaviour
- Family Breakdown/parent separation
- Mental Health

*2016 DATA COLLECTED BY SUQLD

WHAT OTHER RESOURCES ARE AVAILABLE FOR STUDENTS AND FAMILIES?

AT SCHOOL:

Kilcoy State High School is engaged in an online reporting system called **STYMIE**. **STYMIE** allows 'bystanders' to send anonymous notifications to the school about a student whom they believe is being bullied or harmed. If you require more information, please ask at the office.

EXTERNAL AGENCIES:



Free 24 hour telephone support for parents or teenagers. Support and advice in a personal crisis for all ages.

131144



Free telephone and online counselling service specifically for young people aged between 5 and 25.

1800 55 1800



Phone and online chat support from a mental health professional (not crisis support).

1300 22 4636



STUDENT SUPPORT

Services Team



SCHOOL BASED YOUTH HEALTH NURSE (SBYHN)

Alex Miller

The SBYHN service is delivered in partnership with the QLD Government to address the health and wellbeing of students.

WHAT DO STUDENTS TALK TO SCHOOL NURSES ABOUT?

SBYHN'S provide individual health consultations related to:

- Healthy eating and exercise
- Relationships
- Personal and family problems
- Feeling sad, worried and angry
- Sexual health
- Smoking, alcohol and other drugs
- Growth and development

It is important to remember that the SBYHN is a voluntary confidential service for young people and that the SBYHN does not provide medical treatments, first aid, medications or physical examinations.

WHAT ELSE DOES THE NURSE DO?

The nurse works with the School to promote health and wellbeing with a "whole school approach" to support the development of a healthy school environment. They can also recommend health resources to support curriculum, teaching and learning activities in school.

CHAPLAIN

'Chappy Kate'



The Chaplain's role is to promote social, emotional and spiritual wellbeing in the school community through role modelling, mentoring and structured programs.

WHAT DO STUDENTS TALK TO CHAPLAINS ABOUT?

Students can approach school chaplains for support across a broad range of personal, family, friendship and school issues. Chaplains respond to day-to-day issues that students face and provide them with a listening ear and a caring presence.

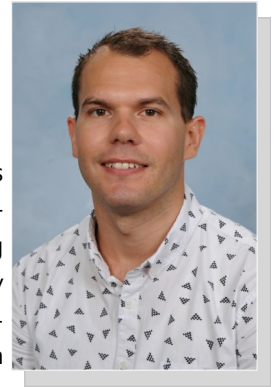
WHAT ELSE DOES THE CHAPLAIN DO?

Every Wednesday morning the Chaplain hosts 'Breaky Club' where students are welcome to enjoy some breakfast "on the Chappy" before school starts. There are also many different programs that take place throughout the year including:

- Social and emotional
- Mentoring and role modelling
- Spiritual support
- Community development events and activities
- Grief and loss
- Educational support

GUIDANCE OFFICER

Joske Newton



The Guidance Officer identifies factors that can interfere or disrupt effective learning, wellbeing and development. They may plan, or assist in planning interventions or programs that can help students achieve positive outcomes.

WHAT DO STUDENTS TALK TO THE GUIDANCE OFFICER ABOUT?

A range of issues including:

- Personal and social development
- Mental Health
- Educational and career pathways
- Behavioural issues
- Personal crisis

WHAT ELSE DOES THE GUIDANCE OFFICER DO?

To support students, the Guidance Officer can also work directly with:

- Teachers
- Support personnel
- Family
- Specialists
- And also professionals from other agencies depending on the issues to be resolved.